

LOW FAT ESPRESSO

Need a boost but don't feel like drinking another cup of joe? Down a few spoonfuls of our fantastic Low Fat Espresso yogurt! This tasty treat packs a punch of flavor that's sure to jolt your taste buds!

Ingredient Statement: Milk, Sugar, Cream, Nonfat Milk, Whey, Corn Syrup, Coffee, Mono- and Diglycerides, Cellulose Gum, Guar Gum, Polysorbate 80, Carrageenan, Dextrose, Caramel Color, Lactic Acid, Cultured with the following Live Active Cultures: S. Thermophilus L. Bulgaricus, L. Acidophilus, B. Bifidus and L. Casei.

Allergens:

Milk: Yes
 Egg: No
 Wheat: No
 Soy: No
 Tree nut: No
 Peanut: No

This product is manufactured in a facility that also processes peanuts, tree nuts, eggs, soy, milk, and wheat products.

Nutrition Facts

Serving Size (89g)		Servings Per Container	
Amount Per Serving			
Calories 120		Calories from Fat 25	
		% Daily Value*	
Total Fat 3g			4%
Saturated Fat 2g			10%
Trans Fat 0g			
Cholesterol 5mg			2%
Sodium 60mg			3%
Total Carbohydrate 19g			6%
Dietary Fiber 0g			0%
Sugars 16g			
Protein 4g			
Vitamin A 2%	•	Vitamin C 4%	
Calcium 15%	•	Iron 0%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
Fat 9 • Carbohydrate 4 • Protein 4			



* Products are only certified when bearing OUD symbol