

# LOW FAT COOKIES N CREAM

Our special Low Fat Cookies 'N Cream yogurt is like no other. We have REAL cookies blended into this delicious yogurt. Taste the creamy center and sweet outer cookies. You'll never go back to plain ol' cookies and milk as an afternoon treat!

**Ingredient Statement:** Milk, Sugar, Cream, Nonfat Milk, Whey, Corn Syrup, Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate (Vitamin B1), Riboflavin (Vitamin B2), Folic Acid, Sugar, Vegetable Oil (Soybean, Palm and Palm Kernel Oil with TBHQ For Freshness), Cocoa with Alkali, Contains two percent or less of High Fructose Corn Syrup, Degerminated Yellow Corn Flour, Chocolate, Salt, Dextrose, Baking Soda, Whey, Soy Lecithin) Natural and Artificial Vanilla, Mono- and Diglycerides, Cellulose Gum, Guar Gum, Polysorbate 80, Carrageenan, Lactic Acid, Caramel Color, Cultured with the following Live Active Cultures: S. Thermophilus, L. Bulgaricus, L. Acidophilus, B. Bifidus and L. Casei.

**Allergens:**

Milk:	Yes	
Egg:	No	
Wheat:	Yes	Gluten
Soy:	Yes	
Tree Nut:	No	
Peanut:	No	

This product is manufactured in a facility that also processes peanuts, tree nuts, eggs, soy, milk and wheat products.

## Nutrition Facts

Serving Size (89g)	
Servings Per Container	
<b>Amount Per Serving</b>	
<b>Calories</b> 120	Calories from Fat 25
% Daily Value*	
<b>Total Fat</b> 3g	<b>4%</b>
Saturated Fat 2g	<b>9%</b>
Trans Fat 0g	
<b>Cholesterol</b> 5mg	<b>2%</b>
<b>Sodium</b> 70mg	<b>3%</b>
<b>Total Carbohydrate</b> 21g	<b>7%</b>
Dietary Fiber 0g	<b>0%</b>
Sugars 17g	
<b>Protein</b> 4g	
Vitamin A 2%	• Vitamin C 4%
Calcium 15%	• Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000    2,500
Total Fat	Less than 65g    80g
Saturated Fat	Less than 20g    25g
Cholesterol	Less than 300mg    300mg
Sodium	Less than 2,400mg    2,400mg
Total Carbohydrate	300g    375g
Dietary Fiber	25g    30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	



\*Products are only certified when bearing the OUD Symbol

